

# *Ergonomics: Healthcare Facilities*

## *1 Who Should Attend . . .*

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA)

## *2 Why You Need This Seminar . . .*

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high costs of work-related injuries. Nationally, employers spent an estimated 50.8 billion on wage payments and medical care for workers hurt on the job. (*Liberty Mutual Safety Index 2005*) This is only a portion of the total costs of work-related injuries. Indirect costs such as overtime, training and lost productivity can also burden employers.
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces workers compensation costs, improves employee morale, and increases production and quality.

## *3 What You'll Learn . . .*

This program gives direction to employers who want to establish an ergonomic program in the healthcare environment. Using the NIOSH Ergonomic Primer as a guide, participants will be able to look for signs of cumulative trauma, develop in-house expertise, gather evidence of ergonomic problems, identify controls and implement a proactive ergonomic program. Examples of successful ergonomic innovations in the healthcare sector will be presented. Problem jobs are also discussed and corrective recommendations are reviewed. Focus is on the implementation of engineering controls, including patient transfer and workstations. Using job safety analysis as an ergonomic tool to identify the tasks and subtasks of a job is emphasized. Ergonomic awards offered by the MIOSHA program will be explained.

### **Agenda**

*We offer a flexible  
program agenda  
to emphasize the  
health and safety  
topics you  
want most.*

- ▶ What is Ergonomics and How Does It Apply to Healthcare?
- ▶ Tips and Ideas (followed by a short exercise)
- ▶ Bloodborne Infectious Diseases Update
- ▶ Methicillin Resistant Staphococcus Aureus
- ▶ Tuberculosis and Respiratory Protection
- ▶ Mercury and Latex

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

# Facilitator

Barry W. Simmonds brings more than 20 years of safety related experience to the CET division. Barry started as an Air Force Fire Protection Specialist gaining experience in almost every position in the fire department. Barry then transferred to the Air Force safety program as the Non-Commissioned officer in charge of the 410<sup>th</sup> Bomb Wing ground safety office at K.I. Sawyer AFB. (He also served a tour as the Chief of Safety for U.S. Forces in the country of Honduras.) In all of these positions, Barry had extensive safety training responsibilities.

After leaving the Air Force, Barry joined the Department of Corrections as a State Certified Fire Inspector and came to MIOSHA in 1997 as a general industry enforcement officer for the Port Huron area before joining the CET team in 2004. Barry has degrees in both safety and fire science technology and is responsible for the Upper Peninsula region.



**Barry Simmonds**  
*Occupational Safety Consultant,  
MIOSHA, CET Division*

Presenters: Barry Simmonds, Occupational Safety Consultant and  
Cindy Zastrow, (Industrial Hygienist, MIOSHA, CET Division.

## Program Details

DATE:	February 6, 2007	TIME:	Check-in - 8:00 a.m. Program - 8:30 a.m. to 4:30 p.m.
LOCATION:	M-TEC <sup>SM</sup> at Bay College 2000 N. 30th Street Escanaba, Michigan	DEADLINE:	Register by January 31, 2007 Please register early!
COST:	\$60 per person. Includes course materials and lunch.	CONTACT:	Renée Lundberg, 906.789.6902 x 1535 lundberr@baycollege.edu

**COSPONSOR: M-TEC<sup>SM</sup> at Bay College**

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

## How to Register

Ergonomics: Healthcare Facilities

Complete this information for each person registering:

► **Phone:** 906.789.6902 x 1227  
► **Fax:** 906.789.6921  
► **Email:** dittricm@baycollege.edu  
► **Mail:** M-TEC at Bay College  
2001 N. Lincoln Road  
Escanaba, MI 49829

Name: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Birth Date: \_\_\_\_\_ (Needed For Registration)  
MM/DD/YYYY

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